

# WHEN TO STAY HOME FROM SCHOOL

How To Protect Yourself & Others

## FEVER

Stay home when you have a fever of 100.4F or higher. You can return to school when you have been fever free for at least 24 hours without needing medicine to keep it down.

## COUGH

Stay home when you have a cough that doesn't quit. Return to school when your cough has calmed to only occasionally and your other symptoms are improved.

## CONTAGIOUS ILLNESS

Stay home when you have a contagious illness such as a Cold, Strep Throat, COVID, Influenza, Chickenpox or other contagious illness. Ask your healthcare provider when you can return to school.

## DIARRHEA OR VOMITING

Stay home when you have diarrhea or vomiting. Return to school when it has been at least 24 hours from last episode and you are able to hold food down and other symptoms are improved.

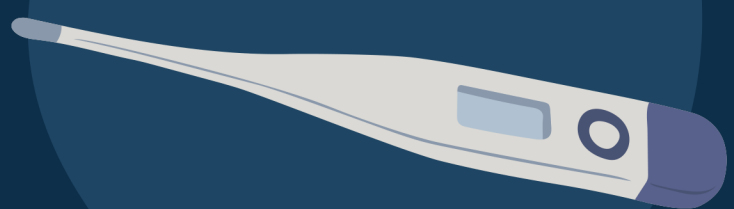
## RASH

Stay home when you have a rash for an unknown reason. Rashes can be caused by viral illness and may be contagious. Contact your healthcare provider and ask when you can return to school.

## EYE DRAINAGE

Stay home when you have green, yellow or crusty drainage around your eyes. It may be a contagious illness such as "pinkeye." Contact your healthcare provider and ask when you can return to school.

If you are ever unsure if you should go to school due to an illness, call the School Office at (509) 345-2541 or your Healthcare Provider for more information.



Together we can keep each other healthy and learning.